

1. Time is all we have and do it.

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इस हाशिए में नहीं
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The life that we experience on earth, is nothing but a collection of all the individual seconds that we have lived and experienced. Our life is thus, nothing but our time on earth. Therefore, time is all we have, since our very existence is our time.

Despite ~~the~~ the fact that, our very life is filled with time, yet we ~~are~~ we are stuck in this rat race, running on the wheel all day long and crib at the end of the day that we have no

time. It's not ^{really} the shortage of time, rather, in a mad rush for materialistic and societal goals, we fail to live our life in the time we have, making us feel a death of time.

Time well spent is life well lived. The quality of the time determines the quality of our life in the long run. Therefore, to make the best use of time, let's explore the various dimensions of time and its shortage.

Time - The fourth dimension

Our scientists, and many science fiction movies, depict time as the 4th dimension, and humans

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being 3 dimensional creatures can only traverse ~~the~~ ^{the} length, breadth and height of space, but look at time as unidimensional.

~~Thereby~~ which leads to a one way road from past to future via present. Although it is present that we always get to experience, most of us tend to stay stuck in the regrets of the past, or day dreaming about the future, letting present slip through the gaps of fingers like sand grains.

This inability to fully utilise the present we have, is one one of the reasons to not have time at hand.

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Well, ^{living in} the present at times get tricky due to the weird nature of time itself.

Einstein says time is relative

Coming to think of it, what exactly is time? Where is time? Is it the ticking seconds of the clock? No, it's the passing moments of our life as remarked earlier.

Because of this, the same ~~one hour~~ filled with 60 minutes seems like 3 hours in a lecture hall and 3 minutes with a friend when enjoying with friends or family. Therefore, in the former

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Case, we feel like we have too much time and in the latter, we feel like we have no time.

This illusion of time is not just limited to individuals, even nations can get swept away by it.

India - Independence & Partition

Although we'd been impatient for decades and had desired independence as soon as possible, we still couldn't ensure a peaceful transition of power and ended up witnessing one of the worst blood sheds in

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the modern era during partition.

This was because of the delayed announcement of the Radcliffe award by the British, giving us no time to ensure a peaceful transition. Despite having colonised India for about 200 years, British still left India in a haste causing a huge chaos.

If one questioned British why they tried to delay leaving India ^{for decades} they'd probably tell they wanted to make as much money as they could before they left.

Just like the British, most of us also try to make

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as much money as we can before we leave, without realising the need to live.

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Time is Money

It is probably a famous saying among businessmen who waste no time, and always use every second to earn more money.

But there is another way to look at this saying. Time is money meaning, time is as precious or rather more precious than money, we need to be judicious in how we spend it.

In the rat race of life, we end up spending hours together

sweating away at our office desks and waiting in the traffic getting frustrated every second.

Is this really a worthy way of spending life? Ultimately in our old age, it's not these moments that we cherish. Yet, we compromise on our time with family and friends for this.

Charlie Chaplin once said, "A day without laughter is a day wasted." Similarly, a life without joy ~~and various other~~ ~~entertainment~~, is a life wasted.

Time can also be equated to money for another reason. ~~We usually~~

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Time investment

We usually invest our money in places where we get good returns. We are basically using money to make more money.

Time too should be invested such that we make more time out of it. In a way,

In our modern day world, all of us are literally dying of stress everyday.

We ~~spend~~ ^{invest} our time in such a way that, the returns we get our diabetes, hypertension, cardiac issues, etc. which ultimately leads to a shorter life and lack

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of time.

Instead, if we invested some of our time in self care like exercise, meditation, eating healthy, we that it itself will buy us more time.

Hence, it's important for us to not give reasons like "I don't have the time to meditate" and start investing our time on ourselves.

Time - the last lap

In our lives, the each one of us ^{might} gets different length of lifespan. Arjebhatta, Ramarejan,

Homi J Bhabha, ~~and~~ very young might not have lived very long, but

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They ~~has~~ made every second of their lives worth it.

Ultimately it's not how the quantity of time that matters, rather the quality. And every new day that we get, we are blessed with 24 hours of time, ~~then~~ we have all of it and that is all we have! ~~use~~ At the beginning of every such day, we need to remember, as Rudyard Kipling once said, "If you can fill every unforgiving minute with 60 seconds of distant run, your is the earth and everything in it."

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