

1. If you cry because the sun has gone out of your life, your tears will prevent you from seeing the stars.

उम्मीदवारों को
इस हाशिए में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

When a seed is planted in the soil, the sun goes out of its life. Although the shoot sees the ~~day~~ light of the day after some struggle, the roots continue to be buried deep underground. But, if the roots get upset about this fact, they'll never be able to hold on to the ground strongly and support the plant stand upright, or spread out and reach for the water table and nourish the plant.

In our lives too, when we

are lost in a desert of pain,
it's natural for us get upset,
but ~~if~~ we ~~shouldn't~~ prevent if we
remain upset, we'll be stuck there
forever. Instead, we need to look
up at the night sky and let
the stars guide us. ~~For~~ Because,

Falling down is ^{not} a choice,
but staying down is. And there's
a purpose behind every pain and
a cosmos behind every chaos, we
all that is needed is for us not
to let our tears make our eyes
blurry.

But more often than ~~&~~ not,
people don't realise this simple

उम्मीदवारों को
इस इलाक़े में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

fact and let their pain and anger get the better of them.

In the famous children's story of the snake and the mongoose, the mother on returning home, is filled with pain when she sees blood on the mongoose's mouth. Her tears blur her eyes, and before she realises, she kills the mongoose and runs to her child, only to find her safe in her crib, with a dead snake lying next to the crib.

The character Ashwathama from the Mahabharata is also one such person, who was overcome by

उम्मीदवारों को
इस हाशिए में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

grief and anger after Duryodhana's death and ended up killing

Upapandavas, ~~the~~ Pandavas & young children, mistaking them for the Pandavas.

The above two instances and many more of us in our own lives are proof of what happens if we let our tears blind us so much that we can't see what we are doing or what world has opened up before us.

Fortunately there are stories of people like Humayun too, to show us the other side of this pain.

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

When Sher Shah Suri defeated Humayun, and took away his Kingdom, Humayun barely survived and fled to Persia. But instead of brooding over spoilt milk, he built an army, came back and defeated Sher Shah Suri, giving rise to the glorious 200 years rule of the Mughals.

Karna was also one such person who in whose life the sun didn't just go out but was snatched from him using caste hierarchies. But instead of weeping over his fate, he took the designed

his fate and became one of the greatest orphans of his time.

This is by no means just limited to individuals. A small country like Japan, was devastated by the nuclear attack on Hiroshima and Nagasaki. In addition to it, they are constantly at war with volcanoes and tsunamis. But no matter how many times they fall, they never fail to get back up.

While it is indeed true that during times of distress, we shouldn't let our tears blind us, it's certainly doesn't

उम्मीदवारों को
इस हाशिए में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

mean we shed no tears. Being humans, it's natural to feel pain & it's of utmost importance to cry it out and to let go of the past.

It's not that strong persons don't cry, but it's just that, they know when to wipe their tears and get back on their feet, like Abraham Lincoln did when he lost the love of his life.

Most of us find it difficult to adapt to the darkness once the sun goes out. But there are yet others, who, like the roots of a plant are born ~~in~~ darkness.

उम्मीदवारों को
इस हार्शिय में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

without the sun and lead their entire lives without the sun.

Such people, instead of sitting and searching for the sun, they themselves choose to brighten their lives as well others' lives too. Hellen Keller was diagnosed as deaf and blind as age 1 but went on to become the best author and physically handicapped activist of all times.

Stephen Hawking, despite might have had physical limitations, but his mind had none. His knowledge ~~even~~ shined light upon black holes themselves. These are the people

who brighten others' lives despite

उम्मीदवारों को
इस हार्जिए में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

the darkness in their own lives.

There are yet others, who plunge others life into darkness to get more time under the sun for themselves.

Britain, was known as the empire on which the sun never sets. But this was at the cost of darkness looming over India, Africa and other colonies.

Finally, after World War-II the Sun was forced out of Britain. Albeit, that must have been difficult for Britain, but had she not taken that decision, she would have missed

उम्मीदवारों को
इस हाशिए में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

the beautiful night sky filled with stars of a harmonious multi lateral world.

All the above stories of light and darkness, teach us that nothing is permanent in life. Change is the only constant.

~~The~~ ^{In the} wheel of life, once we might reach the top most point, and ~~to~~ hit the rock bottom in the next moment. If we can remember that neither of those moments are permanent, that's when we can truly live our lives.

It doesn't matter, how many times the sun will go out of our

lives, ~~because~~ for he'll certainly
rise again
~~come back~~, the next day.

We just need to ensure we
embrace the sunlight along with
it's heat, and see the stars
amidst the darkness. For, what's

life if not a blend of pains
and pleasures. I'd like to conclude
by quoting Rudyard Kipling -

"If you can meet with triumph
and disaster and treat those two
impostors just the same, yours is
the Earth, and everything in it."

उम्मीदवारों को
इस हारिफ में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

2. Annihilation of Social barriers in 21st Century.

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

We live in a society where people tell they believe in gender equality but expect their daughter to be home by 6:00 while the son can stay out as long as he desires. People claim to be religiously tolerant but oppose if their kid wants to marry outside their religion. They propagate class equality, but would never invite a girl from a lower class to a marriage in their house or any event.

It is such social barriers in our society that strain the

उम्मीदवारों को इस हाथिए में नहीं लिखना चाहिए
Candidates must not write on this margin

social fabric and create an environment of distrust and conflict. In addition, to it, such social barriers lie at the core of the political and economic inequalities in the society. Annihilation of social barriers thus, becomes critical for a peaceful co-existence.

Before delving into the process of annihilation of social barriers, let's first examine some of the common barriers in our society. And why we need to annihilate them.

Gender Barriers

→ Avoid generic Sub-headings
yet the most ignored

The most prominent barrier in our society. Women has been the

most discriminated person since ancient times irrespective of her class, caste or religion.

Our society says "Yatra Narigoto Poojyante Ramante, tatra Devathah" i.e., where a woman is respected and worshipped, that's where gods reside. And they also say "Na sthree Swatatyam Arhati" meaning, a woman doesn't deserve freedom. As a result, we've ended up imprisoning her in her house in the name of safety and protection.

This attitude of our society has manifested itself in denial^{of} to women in some temples, double burden of work and household chores

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

at home, glass ceilings at workplace,
family ~~is~~ blaming the victim for
being ~~getting~~ raped, and what not!

~~But~~ This patriarchal world
looks at women as the second
gender as rightly pointed out by the
20th Century French female rights activist
Simon de Beauvoir. In the 21st
Century, a new list of 3rd genders
are voicing out the barriers that
they face.

Gender barrier - not just against women

Although Homosexuality has
been decriminalised, we still don't
legally or socially recognise LGBTQ+
Couples, or give them the right to

उम्मीदवारों को
इस हार्जिफ में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

adopt. Transgenders are rejected from their own families at a very young age, 85% of transgenders don't get any formal education. And 80% of those who are educated don't get any job opportunities. The ^{recent} ~~case~~ story of Adam Harry who was asked to stop his hormonal therapy to get his pilot license ~~was~~ is a case in point.

The next most prominent barrier is that of class.

Class Barriers

The society is divided into Gold Collars, White Collars, Blue Collars and finally no collars or the primary Sector, agriculturists. This is probably

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

the only barrier, where ^a the minority group of elitists discriminate against the majority that is the common man.

We have many more social barriers such as religious barriers, caste barriers, language barriers, etc.

Having seen the negative consequences of such barriers, let's now explore how they can be annihilated.

Annihilation of Social Barriers - In the past

This is not a new concept to India. 9 centuries ago, Basavanna created Anubhava Mantapa, the world's first Parliament, where everyone were

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

treated equally.

The ~~Year~~ Vacharakas under the leadership of Basavanna rejected temples which ^{were} ~~rejected by~~ untouchables.

They rejected the concept of a woman being a "Maaye" or illusion hindering men from spirituality, and gave women equal social, political, economical and spiritual status.

Centuries later, in 1800s reformers like Raja Ram Mohan Roy, Ishwar Chandra Vidyasagar, Jyotiba Phule and many others strived for the same

Though centuries have ~~passed~~ changed, our societal mindset, not so much, thereby creating a need

उम्मीदवारों को
इस हार्गिण में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

for - its annihilation

Annihilation of Social Barriers - Today

The constitution of India laid the foundation with ~~Articles~~ ~~14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100~~ Part III of ~~it~~ comprising equal ~~to~~ fundamental rights for all its citizens.

With time, we have seen Special marriage act, steps towards Universal Civil Code, the triple talaq verdict, Sabarimala case, etc. efforts by the states to annihilate social barriers.

While ~~these~~ efforts have shown success on some level, societal

उम्मीदवारों को
इस हार्गिफ में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

is never complete without societal
a change in societal mindset.

Today we see major organis-
-ations showing solidarity with
LGBT+ community by celebrating
diversity with pride flags and
flags. We have movies and books
that depict the horrors of class
and communal conflicts and how it
such issues are politicised with
vested interests.

As a result, we see a
gradual change in mindset of
at least a few, if not many.
People encourage inter-caste and

उम्मीदवारों को
इस हार्जिप में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

inter religious marriages. The urbanised and globalised world is leading to ^{the} fading off groups and equalising ~~erasing~~ elimination of differences between sections.

Nevertheless,

But these efforts haven't yet produced complete results. And the roadmap of future action steps, should be aimed at annihilation of the limited identities based on gender, class, caste, etc. and unite all the people under a common identity of humanity, because, ~~if~~ we start looking at people beyond

उम्मीदवारों को
इस हाशिए में नहीं
लिखना चाहिए
Candidates
must not
write on
this margin

उम्मीदवारों को इस हाशिए में नहीं लिखना चाहिए
Candidates must not write on this margin

their color, gender and religion, it's the same human heart that beats within all.

Gender Rabinranath Tagore is probably one of the greatest proponent of humanity as the being the only identity. He to such an extent that he ever denied a national identity which would make one person kill another in the name of patriotism. because

Very Arrange!
look etc

44

It is such humanitarian philosophy that will ultimately elaborate enable us to annihilate our social barriers and truly achieve "Vasudhaiva Kutumbakam."

answer!

XXX-X-ESSY/20

To add —

- race
- Physically disabled
- Mental health
- * Communalism

↳ Patriarchy
So many dimensions were missed