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The greatest discovery of all time is that, a person can change his future by merely changing his attitude.

Robert Downey Jr. or famously known as Tony Stark for his role in Iron man & the Avengers series, <sup>who</sup> was a drug addict from the age of 8, is now one of the top rated Actor, producer and singer in Hollywood. RDTJ was exposed to drugs at a very early age by his father and RDTJ went on to spend the first half of his life being an alcoholic, abusing substances, getting arrested, going to rehab & then again relapsing. This had become a cycle in his life and, <sup>due to this,</sup> he was losing all his movie projects, his wife leaves him and his whole life becomes a mess. Until one day, when Robert Downey Jr. decides to seek help, decides to change the course of his life and takes charge of it. The result of that is the billions of fans who shed tears for the death of his character on a movie screen.

In all our lives too, we may have taken the wrong path in life with or without or knowledge. But what's important is, to change that path after understanding that it is not the right one. Not all of us are fortunate enough to have parents and a

family that can guide us from an early stage. But all of us are certainly fortunate enough to develop a conscience and sense of right and wrong as we grow in life. ~~See~~

Our lives are like chunks of clay, ~~when~~ each one of us are given a chunk, but each one gets a different colored chunk, one red, one white, one blue and another maybe with a mix of different colours. Each of these chunks are shapeless and formless. And it is completely upto us ~~whether~~ <sup>to</sup> shape it into a meaningful form. Some people make beautiful birds, trees, cars, fruits or flowers while others don't even try to shape it or <sup>worse</sup> shape it into ~~as~~ a gun or bomb or a dagger. Even then, we need to remember, what we have is a chunk of clay, and if we decide to change its form again, we can certainly make a beautiful flower out of a dagger. All we need to do is, decide and then act on it and give the clay a new shape and form.

Dr. Joe Dispenza, a great spiritual thinker says, "~~People ask me to predict~~" Peoples say to me, that they can't predict their future and I say to them 'The best way to predict your future is to create it'. Our future is always ours to create, all we need is the right attitude.

Another famous statement of Dr. Joe Dispenza is,

"Don't make your mind, a record of the past, make it a map to the future".

All of us come with our own emotional baggages and troubles and difficulties. And most people prefer to brood over the spoilt milk rather than making something new out of it. This is probably because it is a lot easier to blame our fate, our situation and our surroundings, than helping ourselves up, dusting ourselves and then going on to achieve something. Because all the latter things require will power and courage. Once we learn to look at life in a new way, once we develop a 'don't give up' attitude, there is nothing in this world that can stop us.

It is of course natural, for a person who has ~~undergone~~ faced only insults, taunts, rejections and difficulties, to look at the whole world with hate and contempt. In the great epic of Mahabharata, Karna, the son of a charioteer faces nothing but rejections & insults based on his birth. This makes him develop bitter feelings about the whole world. But he doesn't let these feelings linger on in his mind and deter him from his goal. He decides to learn archery and goes on to become not only one of the greatest archers of all times, but also the greatest giver of all times. He gives everything he owned to the very society that had ~~shamed his birth~~ disapproved of him learning archery, being a charioteer's son.

Hence, it is important for us to bear in our minds that our outlook on life is all that matters and the only thing that decides & shapes our future. Even Mahatma Gandhi, during his adolescence was caught for stealing from his father to smoke and then lying about it. After that incident, Mohandas Karamchand Gandhi, changed his ~~old~~ attitude towards life and stepped on the path towards becoming Mahatma Gandhiji. Therefore, our attitude is our steering wheel in life, ~~directing it~~ <sup>towards</sup> ~~the~~ ~~right~~ ~~path~~ <sup>the way we</sup> ~~can~~ <sup>to</sup> maneuvering this wheel dictates our destiny and future.